NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA AND 21 CFR 101.93

This notification is being filed on behalf of Kaire Nutraceuticals, Inc., which is the distributor of the product which bears the statement identified in this notification? Its business address is: 380 Lashley Street, Longmont, CO 80501. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. 101.93. The dietary supplement product on whose label or labeling the statements appear is ST. JOHN'S WORT COMPLEX.

The text of each structure-function statement for which notification is now being given is:

(Statement 1): is beneficial to daily mood and temperament well-being.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made:

Statement	Identity of Dietary Ingredient(s) or
Number	Supplement that is the Subject of the Statement
1.	St. John's Wort

The following identifies the brand name of each supplement for which a statement is made:

Statement <u>Number</u>	Brand Name	Label or Labeling?
1.	ST. JOHN'S WORT COMPLEX	Label

I, Robert L. Richards, am authorized to certify this Notification on behalf of Kaire Nutraceuticals, Inc., and hereby certify that the information presented and contained in this Notification is complete and accurate, and that Kaire Nutraceuticals, Inc., has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 7 April

1999

By: Robert L. Richards

Chief Executive Officer